



The Village on Main  
Community Improvement District  
175 Main Street, #208  
Dartmouth, NS B2X 1S1  
902-407-3533  
[www.villageonmain.ca](http://www.villageonmain.ca)



# The Village on Main

**A Health & Wellness Hub with over 50 Health & Wellness Services**

# HRM's Health + Wellness Hub

at **The Village** on Main in Dartmouth

## DOCTORS & CLINICS

- 1a)** Atlantic Sleep Therapeutics  
(902) 469-2550
- 1b)** Dr. Adele Belliveau (Family Doctor)  
(902) 461-0165
- 1c)** Dr. David Bond (Chronic Pain Mgmt)  
(902) 407-4545
- 1d)** Dr. Gordon Mahaney (Family Doctor)  
(902) 465-3202
- 1e)** Dr. Susan Webster (Pediatrician)  
(902) 462-0165
- 1f)** Family Vision Clinic  
(902) 434-1231
- 1g)** Halifax Quit Smoking Clinic  
(902) 818-7848
- 1h)** Tacoma Family Medicine & Walk-in Clinic  
(902) 466-1531
- 1i)** Woodlawn Medical Clinic  
(902) 434-1500

## DENTAL & ORTHODONTICS

- 2a)** Happy Smiles Dental Hygiene  
(902) 444-1110
- 2b)** Dr. Gene Jensen (Orthodontist)  
(902) 466-6220
- 2c)** Lovitt-Stone Denture Clinic  
(902) 434-1477
- 2d)** Schaefer Dental Centre  
(902) 434-1800
- 2e)** Tacoma Dental Centre  
(902) 434-3706
- 2f)** Westphal Dental  
(902) 434-1411

## PHARMACIES

- 3a)** Lawtons Drugs Westphal  
(902) 462-7400
- 3b)** Shoppers Drug Mart  
(902) 434-0366
- 3c)** Sobey's Pharmacy  
(902) 435-6969
- 3d)** Westphal Pharmachoice  
(902)- 434-5585

## PHYSIOTHERAPY & MASSAGE

- 4a)** Choice Health Centre  
(902) 404-3668
- 4b)** Classic Physiotherapy  
(902) 404-2222
- 4c)** Massage Addict  
(902) 462-3338
- 4d)** The Physioclinic  
(902) 435-2300

## HOME CARE

- 5a)** Clamar Residential Care Facility  
(902) 435-6186
- 5b)** Nightingale Nursing Services  
(902) 465-9777

## SOCIAL WELLNESS & EDUCATION

- 6a)** Affirmative Ventures  
(902) 464-3466
- 6b)** Army Navy Air Force Club  
(902) 435-2933
- 6c)** Black Educators Association  
(902) 424-7036
- 6d)** Canadian Celiac Association - NS Chapter  
(920) 464-9222
- 6f)** Dartmouth Community Health Team  
(902) 460-4555
- 6g)** Dartmouth Learning Network  
(902) 463-9179
- 6h)** DLC Training  
(902) 433-4138
- 6i)** East Dartmouth Community Centre  
(902) 435-6211
- 6j)** Gateway Homes Inc.  
(902) 454-0145
- 6k)** National Association of Federal Retirees  
(902) 463-1431
- 6l)** Support Services Group Cooperatives Ltd  
(902) 466-0230
- 6m)** Sylvan Learning Satellite  
(902) 422-7323
- 6n)** Veterans Emergency Transition Services  
1-888-223-3871 ext 121

## FITNESS

- 7a)** Balance Fitness & Wellnes Centre  
(902) 292-2626
- 7b)** Beazley Sports Field  
(902) 425-5450
- 7c)** Fit Plus Martial Arts School  
(902) 404-8124
- 7d)** Sunrise Yoga  
(902) 404-9642

## WELLNESS & OTHER

- 8b)** DermaEnvy Skin Care  
(902) 469-3376
- 8d)** Popeye's Supplements  
(902) 444-4455
- 8e)** Pruvit Ketones  
(902) 497-6003

## PLACES OF WORSHIP

- 9a)** Salvation Army Community Church  
(902) 466-6847
- 9b)** Stevens Rd United Baptist Church  
(902) 435-1456
- 9c)** St. Thomas More Catholic Church  
(902) 434-4190
- 9d)** St. Luke's Anglican Church  
(902) 434-7670
- 9e)** Seventh Day Adventist Church  
(902) 434-1562

## PET HEALTH & WELLNESS

- 10a)** Dartmouth Veterinary Hospital  
(902) 434-0700
- 10b)** Pet Stuff on the Go  
(902) 464-3466
- 10c)** Pet Valu  
(902) 435-9748
- 10d)** Global Pets  
(902) 434-8361