



Coaching For Managers

Wednesdays, 1:00pm to 4:30pm

Instructor – Cora Cole

This course aims to increase levels of employee engagement and retention by enabling employees to take ownership of their careers by learning several self-coaching strategies. By taking this course participants will become more self-aware of how they “show-up” at work. It will encourage participants to reflect on behaviors that are preventing them from reaching their potential in the workplace. Coach training is a proven, in-demand skill set that will teach all levels of employees and managers to incorporate coaching skills into their workplace.

Based on the Science of Neurolinguistic Programming and Cognitive Reflex Conditioning this practical and experiential course, will demonstrate how to; gain trust, ask empowering questions, give effective feedback, set goals, understand learning styles and inspire staff into action. Participants will leave with coaching skills, templates, and tools that can be used immediately.

This course is for:

- managers
- business owners
- employees